



**ABOUT THE PROCEDURE**

Upper Endoscopy is a procedure for examining the walls of the upper gastrointestinal tract including the esophagus, stomach and duodenum (a portion of the upper small intestine). Abnormalities can be directly visualized and tissue samples can be obtained during the same examination. Sedatives are given via an intravenous line in order to make more comfortable. Any known drug allergies or bad reactions to medicines should be reported prior to the procedure.

The instrument used is a flexible tube containing a hollow channel and a video chip/lens that permits direct visual inspection and allows for the performance of biopsies, hemostasis, injection of medications, dilation, laser probe, etc. At times, a local anesthetic is applied to the back of the throat via spray or gargle to make passage of the instrument easier. The examination usually lasts 5-20 minutes, but duration depends on what needs to be done.

After the procedure, you will be brought to the recovery room. You will remain there for about thirty minutes, but may vary according to your condition. The effects of sedation may last 24 hours. Detailed discharge instructions will be furnished prior to discharge. Please be sure to arrange for a follow up appointment at your physicians to discuss treatment recommendations, plan, medications and biopsy results.

**RISKS**

No procedure can guarantee 100% diagnostic accuracy and all involve some risk. The decision to proceed is made after weighing the potential risks and benefits. Serious complications are rare and include, but are not limited to. Perforation, bleeding, infection, aspiration, reaction to medicines, and the need for surgery or transfusion due to one of the above complications. These occurrences are all rare. More commonly, a sore throat and/or a sensation of bloating may occur and persist after the examination. A salt water gargle may provide some relief from the sore throat and the gas will pass spontaneously. If you should develop severe neck, chest, or abdominal discomfort, an elevated temperature, difficulty swallowing or breathing, contact this office immediately. If unable to do so, report to the nearest emergency room for evaluation.

**If you have to cancel your appointment, please call the office at 914-683-1555.  
We require 48 hour cancellation notice.**

**Additional Instructions:**

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